

Personal Data

Name **Manuela Tomai**
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Fiscal Code TMOMNL63P70H501Z
Nationality Italian
Birth 30/09/1963
Entry in the register of Psychologists 1993 N.4162
Qualification for psychotherapeutic activity 2001 (n. 4049/u)

Education

- Date **1986**
- Institution Sapienza University of Rome (Italy)
- level Degree in clinical Psychology (4 years, applied)

- Date **1986-88**
- Institution Ecopiesis - Research and consulting company in community clinical psychology
- Level Community Psychology Specialist
- Date **1989-1993**
- Institution Random - Family and Relational Therapy Center
- Level Psychotherapist in familial and systemic relational psychotherapy
- Date (da – a) **1998-2002**
- Institution University of Salento, Lecce
- Level PhD in Community psychology and training processes
- Date (da – a) **2005**
- Institution European Institute for Systemic Training and Consulting I.E. F. Co.S.,
- Level Equivalence to public specialization schools

Accademic Career

- Date **2005 -**
- Company Department of dynamic and clinical psychology - Faculty of Medicine and Psychology - University of Rome Sapienza

- Role Researcher in Clinical Psychology
- Main tasks and responsibilities 2005 - :Board of Department member
2005 - :Professor in degree courses
 - 2005: Community clinical psychology - advanced course
 - 2005-2010 *Models of psychological intervention for health promotion*
 - 2009-2015: *Clinical psychological intervention in health and the third sector organizations*
 - 2015 ad oggi: *Intervention in community clinical psychology*
 - 2018 ad oggi *Clinical psychological intervention in health and the third sector organizations*
- 2007 to 2009 member of the Teaching Committee of the PhD in "Orientation psychology and learning processes", Faculty of Psychology 1, University of Rome, Sapienza
- 2009: Scientific Coordinator of the IV PHASE of the PRETEP Project: Program to

support the reform of the technical and vocational training system in Mozambique
 - Interuniversity Agreement between the Faculty of Psychology of the La Sapienza University of Rome and the Faculty of Pedagogy of the Edoardo Mondlane University of Maputo.

2011 - : member of the Teaching Committee of the PhD in Dynamic and Clinical Psychology ", Department of Dynamic and Clinical Psychology, University of Rome, Sapienza..

2011 - : Professor in the School of Specialization in Health Psychology, Department of Dynamics and Clinic, Faculty of Medicine and Psychology

2012-2015: Professor in the School of Specialization in Psychological Assessment - department of psychology Faculty of Medicine and Psychology

2013 - : Professor of the II level Master "the Psychologist in primary care

2014: Research grants from department: "Protective factors and risk factors of overweight problems in adolescence: relationships between personality, weight, body image and social support".

2015: Research grants from department: "Promoting healthy and positive food body styles in the school context in adolescence".

2016: Professor of Community Clinical Psychology c/o UES (El Salvador University) in San Salvador

2018: PhD supervisor

2018: Scientific director of the psychosocial area of the "Aqua futura" project, funded by the Italian Agency for Development Cooperation: Training and research activities aimed at monitoring and modeling the quality and quantity of water resources and the associated psychosocial aspects in pilot areas of San Salvador, Nicaragua and Guatemala.

- Date
- Company

2018

ASN Abilitazione Scientifica Nazionale
 Qualification for the role of associate professor

Professional Career (main assignments)

- Dates **1992-2005**
- Company S. Pietro General Hospital - Fatebenefratelli di Roma
Via Cassia 600
- Role Clinical psychologist
- Main tasks and responsibilities
 - Counseling and therapy for patients and families in hospitalization (mainly oncology, gynecology, bariatric surgery, general surgery, obstetrics, intensive care, neonatal intensive care, medicine) and outpatient departments.
 - Counseling, orientation training and selection of the health staff
- Dates **1995 -2000**
- Company Ecoipoiesis, Research and consulting company in community clinical psychology
- Role Professor
- Main tasks and responsibilities Consulting and training on the topics: counseling models, self-help groups, social-affective education techniques, group work, network work
- Dates **1996 al 2002**
- Company Artemide training and consulting company
- Role Professor
- Main tasks and responsibilities Teaching in training programmes on psychosocial intervention in health and education settings
- Date **1997 -**
- Company Aspic - four-year training school in community clinical psychology and Integrated Humanistic Psychotherapy
- Role Professor
- Main tasks and responsibilities Teaching in group dynamics, work groups and self-help groups

- responsibilities
 - Date **1998-2004**
 - Company Aretè - Research and consulting company in community clinical psychology
 - Role Professor
- Main tasks and responsibilities Teaching in group dynamics, work groups and self-help groups
 - Date **2007 -**
 - Company Aspic - Four-year training school in community clinical psychology and Integrated Humanistic Psychotherapy
 - Role Clinical Supervisor
 - Date **2013 -**
 - Company Professional Order of Psychologists of Lazio
 - Role Consultant
- Main tasks and responsibilities
 - Project manager: "Good practice document for psychological intervention in diabetology"
 - Coordinator of the research project: "The psychologist for the development of the diabetic patient's adherence"
 - Member of the board and scientific head of the psychological observatory on chronicity

Accademic Career

- Date **2005 -**
- Company Department of dynamic and clinical psychology - Faculty of Medicine and Psychology - University of Rome Sapienza
- Role Researcher in Clinical Psychology
- Main tasks and responsibilities
 - 2005 - :Board of Department member
 - 2005 - :Professor in degree courses
 - 2005: Community clinical psychology - advanced course
 - 2005-2010 *Models of psychological intervention for health promotion*
 - 2009-2015: *Clinical psychological intervention in health and the third sector organizations*
 - 2015 ad oggi: *Intervention in community clinical psychology*
 - 2007 to 2009 member of the Teaching Committee of the PhD in "orientation psychology and learning processes", Faculty of Psychology 1, University of Rome, Sapienza
 - 2009: Scientific Coordinator of the IV PHASE of the PRETEP Project: Program to support the reform of the technical and vocational training system in Mozambique - Interuniversity Agreement between the Faculty of Psychology of the La Sapienza University of Rome and the Faculty of Pedagogy of the Edoardo Mondlane University of Maputo.
 - 2011 - : member of the Teaching Committee of the PhD in Dynamic and Clinical Psychology ", Department of Dynamic and Clinical Psychology, University of Rome, Sapienza..
 - 2011 - : Professor in the School of Specialization in Health Psychology, Department of Dynamics and Clinic, Faculty of Medicine and Psychology
 - 2012-2015: Professor in the School of Specialization in Psychological Assessment - department of psychology Faculty of Medicine and Psychology
 - 2013 - : Professor of the II level Master "the Psychologist in primary care
 - 2014: Research grants from department: "Protective factors and risk factors of overweight problems in adolescence: relationships between personality, weight, body image and social support".
 - 2015: Research grants from department: "Promoting healthy and positive food body styles in the school context in adolescence".
 - 2016: Professor of Community Clinical Psychology c/o UES (El Salvador University) in San Salvador
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 - 2018: Scientific director of the psychosocial area of the "Aqua futura" project,

funded by the Italian Agency for Development Cooperation: Training and research activities aimed at monitoring and modeling the quality and quantity of water resources and the associated psychosocial aspects in pilot areas of San Salvador, Nicaragua and Guatemala.

2018

ASN Abilitazione Scientifica Nazionale

Habilitation to associate professorships, Italy (Abilitazione Scientifica Nazionale).
Sector: Clinical psychology

• Date

• Company

Participation in
editorial Board of
Journals

2012 Journal of Education and Training Studies

2018 International Journal of Psychology and Counseling (IJCP)

Journal of Clinical and Developmental Psychology (JCPD)

Referee For

Frontiers in Psychology

International Journal of Psychology and Counselling

Journal of health psychology

Australasian Journal on Ageing

Rassegna di Psicologia

Rivista di psicologia

Journal of Education and Training Studies

Computer and Education

Journal of Psychosocial Research on Cyberspace

Science Journal of Psychology

Affiliations/Memberships

SIPSA (Italian Society of Health Psychology)

AIP (Italian Association of Psychology)

Publications

Author or co-author of over 60 publications in national and international journal and books

Selected main publication (since 2008)

1. Tomai M., Lauriola M., Caputo A., (in press) Are social support and coping styles differently associated with adjustment to cancer in early advanced stages? *Mediterranean Journal of Clinical Psychology*
2. Esposito F., Tomai M., Nannini V., Giardinieri L., Costa P.A (in press) From rehabilitation to recovery: a self-help experience in regain quality of life after violence. *Journal of Special Education and Rehabilitation*
3. Tomai M., Langher V., Martino G., Esposito F., Ricci M. E., Caputo A., (2017) Promoting the development of children with disabilities through school inclusion: clinical psychology in supporting teachers in Mozambique 5(3) 1-29 Doi: 10.6092/2282-1619/2017.5.1671
4. Tomai, M., Esposito, F., & Rosa, V. (2017). Psychologist in Italian hospital settings: An exploratory analysis of hospital physicians' representations and demands of psychological intervention. *Interdisciplinaria*, 34(1), 5-23. Recuperado en 12 de octubre de 2017, de http://www.scielo.org.ar/scielo.php?script=sci_arttext&pid=S1668-70272017000100001&lng=es&tlng=en
5. Tomai, M., Pezzuti, L., Mebane, M., Benedetti, M., Moro, A. (2017). The impact of dispositional variables of elders, relatives and paid caregivers on elders' empowerment and life satisfaction. *Experimental Aging Research*. doi.org/10.1080/0361073X.2017.1333833
6. Francescato D., Pezzuti L., Mebane M., Tomai M., Benedetti M.,

- Moro A., (2016) Dispositional characteristics, relational well being and perceived life satisfaction and empowerment of elders, *Aging and Mental Health*, 10.1080/13607863.2016.1191058
7. Tomai M., Rosa V., Bua V., Valotta R., (2016), The relationship between hospital and territory in the implementation of continuity care: The case of the end of life, *Rivista di Psicologia Clinica*, DOI 10.14645/PC.2015.2.54, ISSN 1828-9363
 8. Esposito F., Tomai M. (2014) Self-help groups for women survivors of intimate partner violence: an Italian experience, IV International Conference on Survivors of Rape - Rape, Survivors, Policies and Support Systems a European Challenge 21st and 22nd November, Lisbona. Paper has been selected for presenting in the 4th International Conference on Survivors of Rape.
 9. Tomai M., Mebane M.E., Rosa V., Benedetti M. (2014), Can Computer Supported Collaborative Learning (CSCL) Promote Counter-stereotypical Gender Communication Styles in Male and Female University Students? Original Research Article *Procedia - Social and Behavioral Sciences*, Volume 116, 21 February 2014, Pages 4384-4392. DOI: 10.1016/j.sbspro.2014.01.952.
 10. Tomai M., Mebane M. E., Rosa V., Ingravalle V., Benedetti M. (2013). Do virtual groups experience less conflict than traditional teams? *AWER Procedia Information Technology & Computer Science*, 4, 926-938.
 11. Tomai, M., Rosa, V., & Esposito, F. (2013). The representation of the psychological intervention among Italian hospital physicians. *Psychotherapy & Psychosomatics*, 82 (sup1), 22. doi:10.1159/000354142
 12. Rosa, V., Tomai, M., & Esposito, F. (2013). The role of psychologists in Italian hospital settings. *Psychotherapy & Psychosomatics*, 82 (sup1), 22. doi:10.1159/000354142
 13. Benedetti M., Francescato D., Mebane M., Tomai M., Rosa V., Angrisani L., (2013) Hospital Clown Therapy: a Study on its Impact in a Pediatric Surgery Department, 13th European Congress of Psychology (ECP 2013), Stockholm 9-12 July 2013. **Granted as the best oral presentation abstract in Behavioral Medicine by The Swedish Behavioral Medicine Society (Svensk Beteendemedicinsk Forening, SBF).**
 14. Tomai, M., Esposito, F., & Brancadoro, B. (2012). Enhancing psychological intervention in hospital settings: a glimpse of the italian physicians' representations and demands. In G. Graffigna, J. M. Morse, A. C. Bosio (Eds.), *Engaging People in Health Promotion and Well-being. New opportunities and challenges for qualitative research* (pp. 171-172). Milan, Italy: Vita e Pensiero., ISBN: 9788834322512
 15. Tomai, M., Esposito, F., Brancadoro, B. & Costa, P. A. (2012). Integrating psychologists into hospital settings: which needs, which challenges? *International Journal of Psychology*, 47 (sup1,Health), 449. doi:10.1080/00207594.2012.709108(I.F.: 1,097)
 16. Lauriola M., Panno A., Tomai M., Ricciardi M., Potenza A. (2011) Is Alexithymia related to colon cancer? A survey of patients undergoing a screening colonoscopy examination, *Journal of Clinical Psychology in Medical Settings*, vol.18, n.4, Pag.410-15, ISSN 1068.9583, DOI: 10.1007/s10880-011-9267-y, (I.F. 1.568.).
 17. Panno A, Lauriola M, Tomai M, Potenza A.E (2010). The role of alexithymia in patients with colon adenoma in *Journal of Psychosomatic Research*; p. 654, ISSN: 0022-3999, (I.F.:3,296)
 18. Francescato D, Solimeno A, Sorace R, Tomai M. (2009). Mass

- media e modelli identificativi nella percezione dei bambini/ragazzi e genitori., *Età Evolutiva*, vol. I; p. 15-23, ISSN: 0392-0658
19. Francescato D., Mebane M. Benedetti M. Rosa V. Solimeno A, & Tomai M, (2010), Empowering students, teachers, non-teaching staff and parents in a troubled high school through community psychology multidimensional interventions. *Global Journal of Community Psychology Practice*, pag 2-12,. Volume 1 Issue 1, ISSN: 2163-8667.
20. Tomai M., Rosa V., Mebane M., D'Acunti A., Benedetti M., Francescato D. (2010). "Virtual communities in school as tools, to promote social capital with high school students", *Computers and Education*, 265-274. issn: 0360-1315 10.1016/j.compedu.2009.08.009, (I. F. 2,630)
21. Panno A., Lauriola M., Potenza A., Tomai M. (2009), Alexithymia and gastro-intestinal endoscopic outcomes, *Panminerva medica*, Edizioni Minerva Medica, pag 1111-13, ISSN 0031-0808
22. Francescato D., Solimeno A, Mebane M.E, Tomai M., (2009), Increasing students' perceived sociopolitical empowerment through online and face-to-face community psychology seminars. *Journal of Community Psychology*, Vol 37, pag. 874-894, ISSN: 0090-4392; DOI: 10.1002/jcop.20338,
23. Solimeno A, Mebane M. E, Tomai M., Francescato D. (2008). The influence of students and teachers characteristics on the efficacy of face-to-face and computer supported collaborative learning. *Computers & Education*, vol. 51; p. 109-128, ISSN: 0360-1315, doi: 10.1016/j.compedu.2007.04.003.

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